

**Criteria for Evaluating Health Education in Illinois Schools  
Grades 5-8  
Illinois Association for Health, Physical Education, Recreation and Dance  
And  
Illinois School Health Association**

School \_\_\_\_\_ School Population \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Name of Evaluator \_\_\_\_\_ Position \_\_\_\_\_

Number of Weeks for Health Education \_\_\_\_\_

Grade Level Health taken: 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>

Number of Health Educators \_\_\_\_\_ Health Class Size \_\_\_\_\_ / \_\_\_\_\_  
(average) (maximum)

**Purpose:**

The purpose of this evaluation is to provide a basis for improving the quality of health education programs in Grades 9-12 in Illinois. Schools that meet the criteria will be recognized as Blue Ribbon Schools. The criteria reflect standards established by the health education profession, Illinois Association for Health, Physical Education, Recreation and Dance (IAHPERD) and Illinois School Health Association (ISHA) provide an evaluative checklist as a service to stimulate self-study and self-evaluation in order to ascertain the strengths and areas for improvement of health education programs.

**Procedure for Use of the Criteria for Evaluating Health Education:**

1. Participation in this process is the prerogative of the local school instructor and/or administrators. Obtain approval from the appropriate administration to complete the evaluation. The evaluation will be confidential but may, with School District approval, be used for research purposes by IAHPERD or ISHA.
2. Review the document and note the criteria listed for each item. Decide how your program meets each of the criteria and check the appropriate column. *All criteria with a star \* must be adequately met and all criteria with a Y/N must be Y in order to apply.*
3. Definition of criteria:
  - A. Minimum refers to the lowest level necessary to meet the criteria.
  - B. Adequate reflects all criteria standards being met.
  - C. Exceeds expectations mean the criteria are met in an outstanding manner and beyond the adequate expectations (e.g., uniqueness/distinctiveness, integration within school, high level of learning/development, offering advanced course work).
  - D. Some criteria require a yes/no response. Please circle appropriate response for listed criteria.
  - E. Use the comment column to provide any clarifying information and to describe a rating that exceeds expectation.

**Follow-Up Action:**

**Upon completion of the checklist, the evaluator will identify and summarize the strengths and areas for improvement by section using the summary sheet at the end. The areas of improvement should be ranked from greatest to least, in order to serve as a guide for developing a plan of improvement. If assistance is needed to develop plans for improvement and implementation, a request may be made to IAHPERD and/or to ISHA to send a consultant to your school.**

*Blue Ribbon Committee 2005*