

Guidelines for Entry / Exit Criteria in Adapted Physical Education for the State of Illinois (ICAPE, 2001)

What is Meant by Entry / Exit Criteria?

The purpose of entry / exit criteria is to...

- Identify eligible students for APE
- Develop and implement sound physical education programs based on the individual needs of each student.
- Monitor ongoing progress of each student to ensure instruction occurs in the least restrictive environment.

Guidelines for Entry / Exit Criteria

ICAPE has set the following parameters to guide teachers, schools, and districts in providing appropriate PE programming to all students. Students enter or exit services in APE based on one or more of the following criteria.

Recommended Entry Criteria

- Students who have a diagnosed delay or disability, which adversely impacts their performance and success in physical education.
- Students who score 1.5 standard deviations or more below the mean as measured by standardized tests in the gross motor domain.
- Students who do not meet Illinois State/district standards in gross motor skills and/or fitness at their respective grade levels.
- Students whose behavior continues to interfere with learning and/or safety in the PE setting, *after* appropriate modifications and interventions have been implemented *over an extended period of time*.

Recommended Exit Criteria

- Students no longer have a developmental delay of their age group as measured by standardized test procedures.
- Students score less than 1.5 standard deviations below the mean as measured by standardized tests in the gross motor domain.
- Students meet the Illinois State/district standards in gross motor skills and/or fitness at their respective grade levels.
- Student's behavior no longer interferes with learning and/or safety in the PE setting.

Internet Sites and Helpful Information

Internet Sites:

www.pcentral.com/adapted
www.sportime.com
www.palaestra.com
www.AAHPERD.com
www.humankinetics.com

Books

- *Principles and Methods of Adapted Physical Education and Recreation* by David Auxter, Jean Pyfer, Carol Huettig 2001.
- *Adapted Physical Education and Sport (3rd edition)* by Joseph P. Winnick, 2000.
- *A Teachers Guide to Including Students with Disabilities in General Physical Education (2nd edition)* by Martin E. Block, 2000.

Journals

Palaestra – Adapted Physical Activity Council (800-687-5732)

JOPERD – www.AAHPERD.com (800-213-7193)

Adapted Physical Activity Quarterly (800-747-4457)

Sports 'n Spokes (602) 224-0500

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