

2019 MIDSTATE SESSIONS

March 11, 2019
Western Illinois University - Macomb
Brophy Hall

Advocacy: From the Classroom to the Capital

Deb Vogel – 2002 IAHPERD TOY for Health Education

This session will present information and give teachers tools that they can use to advocate for their students and their programs.

Surviving the age of Standards-Based Curriculum, Instruction, and Assessment (Grading)

Deb Vogel – 2002 IAHPERD TOY for Health Education

This session will present information and give teachers tools that they will need to successfully navigate and teach in a Standards-based environment.

The Engaging Health Classroom

Andy Milne – 2016 IAHPERD TOY, 2017 Midwest District TOY, & 2017 National SHAPE America TOY for Health Education

Hear how a lifelong appreciation of health behaviors can be instilled in students through a range of innovative activities that place students at the center of the learning experience.

The Kinesthetic Classroom

Andy Milne – 2016 IAHPERD TOY, 2017 Midwest District TOY, & 2017 National SHAPE America TOY for Health Education

Hear how incorporating movement activities in your classroom can motivate students and make your teaching more memorable.

Using Mindfulness to Achieve Social-Emotional Goals

Dawn Davis – 2012 IAHPERD TOY for Secondary Physical Education

In this session we will explore ways to increase mental function and problem solving while reducing stress through Mindfulness, Team Building, and Yoga in Physical Education.

The Use of Current Technology in Adapted Physical Education

Tara McCarthy – 2018 IAHPERD TOY & 2019 Midwest District TOY for Adapted Physical Education

Bring Your Tablets / Devises!!! This session will explore the use of current technology such as the Apple products as well as assistive technology (voice output & activity switches) to enhance your teaching for students with disabilities in your adapted and regular physical education classes.

Put That Projector to Work!

Mark Foellmer – 2017 IAHPERD TOY & 2018 Midwest District TOY for Middle School Physical Education

Using a projector in your Physical Education class can impact student learning exponentially. This session will show you tons of instant activities/warmups as well as skill based learning options.

Warrior Training

Fred Kaiser – 2007 IAHPERD TOY for Middle School Physical Education

A powerful unit that brings out the best in kids through tough unique physical challenges. Problem students, athletes, and unmotivated students will succeed beyond what they thought possible. They will learn how to bring out the Warrior in themselves because they want to and be hungry for more.



